

## MONDAY

RED BEANS  
RICE  
FRIED PORK CHOPS  
BAKED PORK CHOPS  
CABBAGE  
COBBLER  
CORN BREAD  
FRIED FISH  
BAKED FISH  
MAC & CHEESE  
OKRA

## TUESDAY

CHICKEN FRIED STEAK  
MEATLOAF  
LOADED MASH  
FRIED FISH  
BAKED FISH  
MAC & CHEESE  
CRAWFISH CORNBREAD  
BROCCOLI CHEESE BITES  
OKRA  
CORN

## WEDNESDAY

MEAT LASAGNA  
SPIN & ARTIC LASAGNA  
FRIED FISH  
BAKED FISH  
MAC & CHEESE  
SEAFOOD RICE  
OKRA  
SHRIMP  
HUSH PUPPIES  
YAMS

## THURSDAY

POT ROAST  
SHRIMP & SSG OKRA  
FRIED FISH  
BAKED FISH  
MAC & CHEESE  
BBQ CHICKEN  
JAMBALAYA  
OKRA  
PEAS  
COBBLER

## FRIDAY

SEAFOOD PEPPERS  
FRIED FISH  
BAKED FISH  
CRAWFISH CORNBREAD  
SEAFOOD PASTA  
MAC & CHEESE  
FRIED SHRIMP  
OKRA  
SW POT CASS & CARROT SOUFFLE  
MIXED VEGGIES

## SATURDAY

FRIED FISH  
BAKED FISH  
LOADED MASH  
MIXED VEGGIES  
CHICKEN FRIED RICE  
GENERAL TSO CHICKEN  
ORANGE CHICKEN  
MAC & CHEESE  
LO MEIN  
SEAFOOD RANGOON

## SUNDAY

POT ROAST  
ROASTED VEGETABLES  
LOADED MASH  
FRIED FISH  
BAKED FISH  
MAC & CHEESE  
FRIED SHRIMP  
COBBLER / CASSEROLE  
MIXED VEGGIES  
FRIED OKRA